

We will consider in detail the role of the smoothing iteration and its relation to the coarse grid correction in the context of the finite element formulation of multigrid (i.e., intergrid transfers and coarse grid matrices defined in the natural way for finite elements). Within this framework, we give estimates for the spectral radius of two level schemes (exact coarse grid correction) for self adjoint positive definite problems on general meshes, and show how the choice of smoothing affects this rate. The estimates are shown to be sharp for simple model problems. It is also shown that certain acceleration techniques applied to the smoothing iteration asympotically squares the rate of convergence.